



























# February, 2012

Monthly Menu  
Price Per Lunch \$2.25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Catholic Schools Week January 29th - February 5th</i></p> <p>Faith. Academics. Service.</p> <p><b>Catholic Schools</b></p> <p><b>CATHOLIC SCHOOLS</b>  <i>The Good News in Education</i></p>				
		<p>Bowl of Chili with Warm Muffin <b>1</b> or A) Chicken Patty on a Bun</p> <p><i>Choice of Two:</i> Chilled Fruit Tossed Salad Fresh Veggie Sticks with Dip</p> <p>1/2 Pint Low-Fat Milk</p>	<p><i>Groundhog Day</i> <b>2</b></p> <p>Chicken Alfredo over Pasta with Warm Breadstick or A) Hamburger on a Bun</p> <p><i>Choice of Two:</i> Hot Vegetable Tossed Salad Strawberry Cup</p> <p>1/2 Pint Low-Fat Milk</p> 	<p>French Toast Sticks <b>3</b> or A) Cheese Pizza</p> <p><i>Choice of Two:</i> Applesauce Tossed Salad Box of Raisins</p> <p>1/2 Pint Low-Fat Milk</p>
<p>Salisbury Steak with Gravy <b>6</b> or A) Chicken Nuggets</p> <p><i>Choice of Two:</i> Cheesy Mashed Potatoes Tossed Salad Hot Vegetable</p> <p>1/2 Pint Low-Fat Milk Warm Dinner Roll <i>Cookie Treat with Every Lunch</i></p> 	<p>Golden Chicken Fingers with Biscuit <b>7</b> or A) Hot Dogs on Buns</p> <p><i>Choice of Two:</i> Curly Fries Tossed Salad Fruit Parfait</p> <p>1/2 Pint Low-Fat Milk</p> 	<p>BBQ Teriyaki Meatballs with Fried Rice &amp; Warm Breadstick <b>8</b> or A) Chicken Patty on a Bun</p> <p><i>Choice of Two:</i> California Medley Tossed Salad Chilled Fruit Cup</p> <p>1/2 Pint Low-Fat Milk</p> 	<p>Pulled Pork Sandwich <b>9</b> or A) Hamburger on a Bun</p> <p><i>Choice of Two:</i> Potato Smiles Tossed Salad Applesauce</p> <p>1/2 Pint Low-Fat Milk <i>Treat with Every Lunch</i></p> 	<p>Mini Cheese Quesadillas <b>10</b> or A) Cheese Pizza</p> <p><i>Choice of Two:</i> Hot Vegetable Tossed Salad Fresh Veggies with Dip</p> <p>1/2 Pint Low-Fat Milk <i>Fruit Snack with Every Lunch</i></p> 

SUBSTITUTION OF ITEMS MAY BE NECESSARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Ham and Scalloped Potato Bake 13</b> or A) Chicken Nuggets</p> <p><i>Choice of Two:</i> Hot Vegetable Tossed Salad Frozen Juice Cup</p>  <p>1/2 Pint Low-Fat Milk </p> <p>Warm Dinner Roll</p>	<p><i>Valentine's Day 14</i></p>  <p>Stuffed Crust Pepperoni Pizza or A) Hot Dogs on Buns</p> <p><i>Choice of Two:</i> Mixed Fruit Tossed Salad Hot Vegetable</p> <p>1/2 Pint Low-Fat Milk</p> <p><i>Ice Cream Treat with Every Lunch</i></p>	<p><b>Taco Salad 15</b> (Taco Meat/Cheese/Lettuce/Tortilla Chips)</p> <p>or A) Chicken Patty on a Bun</p> <p><i>Choice of Two:</i> Chilled Fruit Tossed Salad Corn on the Cob</p>  <p>1/2 Pint Low-Fat Milk</p>	<p><b>Popcorn Chicken 16</b> with optional Mandarin Sauce  Cinnamon Pretzel Rod</p> <p>or A) Hamburger on a Bun</p> <p><i>Choice of Two:</i> Vegetable Egg Roll Tossed Salad Pineapple Tidbits</p> <p>1/2 Pint Low-Fat Milk</p>	<p><b>Egg &amp; Cheese Croissant Sandwich 17</b></p> <p>or A) Cheese Pizza </p> <p><i>Choice of Two:</i> Orange Smiles Tossed Salad Fruit &amp; Nut Nutrition Bar</p> <p>1/2 Pint Low-Fat Milk</p> <p><i>Curious George Fruit Snack with Every Lunch</i></p>
<p><i>Presidents' Day 20</i></p> 	<p><b>Chicken Teriyaki with Rice 21</b></p> <p>or A) Hot Dogs on Buns</p> <p><i>Choice of Two:</i> Hot Vegetable Tossed Salad Diced Fruit</p> <p>1/2 Pint Low-Fat Milk</p> <p><i>Presidents' Day Cookie Treat</i></p> 	<p><i>Ash Wednesday 22</i></p> <p>Macaroni &amp; Cheese</p> <p>or A) Fish Sandwich</p> <p><i>Choice of Two:</i> Broccoli Tossed Salad Fruit Crisp</p> <p>1/2 Pint Low-Fat Milk</p> 	<p> <b>Fiestada Pizza 23</b></p> <p>or A) Hamburger on a Bun</p> <p><i>Choice of Two:</i> Sweet Corn Tossed Salad Salsa with Chips</p> <p>1/2 Pint Low-Fat Milk</p> 	<p><b>Toasted Cheese Sandwich 24</b></p> <p>or A) Cheese Pizza </p> <p><i>Choice of Two:</i>  Vegetable Soup with Crackers Tossed Salad Fruit Cup</p> <p>1/2 Pint Low-Fat Milk</p>
<p><b>Soft Shell Taco 27</b> (Taco Meat/Cheese Soft Tortilla) </p> <p>or A) Chicken Nuggets</p> <p><i>Choice of Two:</i> Hot Vegetable Tossed Salad Fruit Sherbet</p>  <p>1/2 Pint Low-Fat Milk</p>	<p><b>Manager's Choice Day! 28</b></p> 	<p><i>Leap Year 29</i></p> <p> Ravioli with Cheese Filled Breadstick</p> <p>or A) Chicken Patty on a Bun</p> <p><i>Choice of Two:</i> Vegetable Tossed Salad Chilled Fruit Juice</p> <p>1/2 Pint Low-Fat Milk</p> 