

August / September 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Penne and Meatballs With warm multigrain bread and parmesan or mozzarella cheese. With chocolate custard.	29 Taco Day Wheat soft taco shells, shredded chicken, cheddar cheese, lettuce, sour cream, black beans, salsa, and brown rice. Tortilla chips.	30 Breakfast Day! Scrambled eggs, pancakes, sausage patties, and hash browns.	31 Meatloaf Mashed potatoes, gravy, and fresh corn. And warm peach cobbler.	1 Pizza Day Whole wheat dough Meatball, bacon or cheese With fresh pasta salad.
4 NO SCHOOL	5 Chicken Nachos Black beans, Brown rice, Cheddar cheese, salsa, lettuce and sour cream. Sweet corn cake.	6 Breakfast Day! Muffins, scrambled eggs, Hash browns, and mini yogurt parfaits.	7 Chicken Pitas Cucumber sauce, lettuce, tomato, and onion, with aside of hummus and veggies.	8 Pizza Day Whole wheat dough Meatball, bacon, or cheese With fresh veggies.
11 Pasta Day! Stuffed shells, With ricotta, parmesan and mozzarella cheeses, and spinach. Served with a warm multigrain roll.	12 Beef Fajita Bowls Green and red peppers, onion and mushrooms, cheddar cheese, with a side of Spanish rice. With sweet corn cake.	13 Breakfast Day! Turkey sausage egg and cheese sandwiches with hashbrowns.	14 Beefsteak hoagies Home made cheese sauce, mushrooms and onions. Served with baked zucchini fries.	15 Pizza Day Whole wheat dough Meatball, bacon or cheese With fresh veggies.
18 Pasta Day! Chicken and pesto, tomatoes, and broccoli. With multigrain garlic toast.	19 Chicken Enchiladas Stuffed with brown rice, cheese and shredded chicken, served over rice. With sweet corn cake	20 Breakfast Day! Scrambled eggs, biscuits with sausage gravy. And vanilla yogurt parfaits.	21 Student Choice Day! Lunch is announced on Mondays!	22 Pizza Day Whole wheat dough Meatball, bacon, or cheese With fresh veggies. And mini cakes.
25 Pasta Day Cheese Lasagna with fresh veggies and multigrain garlic toast.	26 Beef Burritos Cheddar cheese, brown rice, Sour cream, salsa, with tortilla chips.	27 Breakfast day! Fresh Baked cinnamon Rolls Sausage, hash browns, and scrambled eggs.	28 BBQ Chicken Breasts With mac and cheese, corn bread and fresh green beans.	29 Pizza Day Whole wheat dough Meatball, bacon, or cheese With fresh pasta salad.